



Corporate volunteering with Alive



“Volunteers are one of the most difficult things to find

Kim - Care Home Manager

“ I think for volunteers, it's nice to be given the opportunity to get out and engage with the community. Because we're doing it as a group all together it's easier to get involved. People don't have to do it on their own so it makes taking that first step that bit easier.

Nikki,
Corporate Volunteer

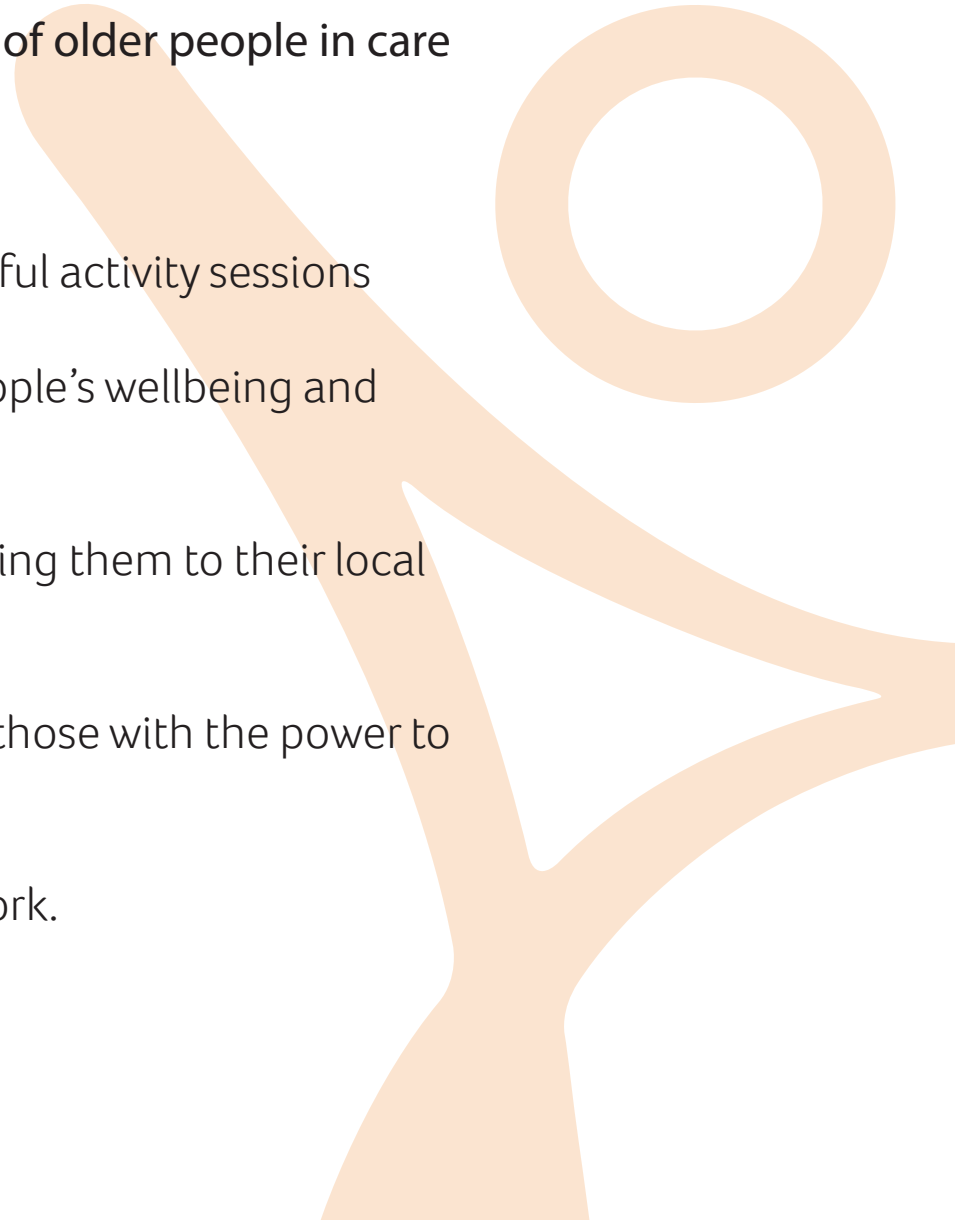


Who are Alive?

Alive is the UK's leading charity enriching the lives of older people in care and training their carers.

Alive:

- Engage older people creatively through meaningful activity sessions
- Train and support care staff to enhance older people's wellbeing and deliver outstanding care at every opportunity
- Reduce older people's social isolation by connecting them to their local communities
- Speak up for the rights of older people in care to those with the power to improve their lives
- Depend on charitable donations to deliver our work.



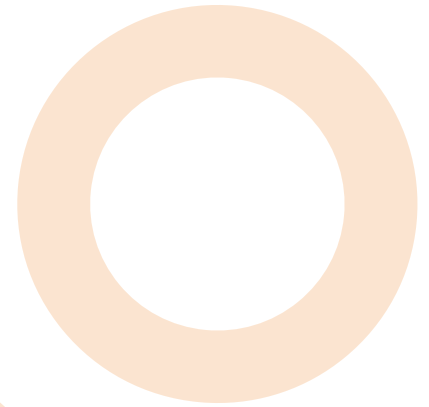
Why volunteer in a care home?

Volunteers can make a massive contribution to care home activities. When a care home's resources are stretched, activities for the residents are often scaled back. The difference new faces and a few extra helping hands can make is extraordinary.

It's difficult for care homes to find time to sit with residents one to one. Helping with this will not only brighten a resident's day but we guarantee you'll learn a thing or two.

Care homes also struggle to find enough staff to push wheelchairs and assist residents. This often means not all residents get to go out on day trips. Could your team help take a group of residents to the zoo or the seaside?

Are your team handy, or keen gardeners? Care homes often need large groups of volunteers to help with maintenance of their large houses and gardens.



There's something for everyone

Befriending/skill share
1 volunteer



Spending time with a resident listening and learning

Group one to one time
2-3 volunteers



Attending a home in groups but chatting one to one

Skills share/Hobby clubs
5-7 volunteers



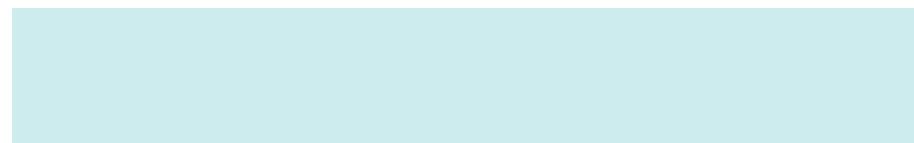
Sewing / gardening / baking club etc

Day trips/Attending events
7-10 volunteers



Assisting on day trips, visiting care home events


Large Group work
10-15 volunteers



Clearing Gardens, Painting care homes



**Chatting and
sharing skills**



“ I’ve really got to know everyone. They’re older than us, so it’s interesting learning about their lives.

**Ruby,
Care home volunteer**

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Attending care home events

“ You all
certainly helped
the party feel
special for them.

Sam,
Care Home Manager





Helping with day-trips

“ This is the best day I’ve had in a long time.

George,
Care Home resident





**Garden clearance and
care home maintenance**

“ It’s great to have our garden back, the residents will love being outside again.

Kate,
Care home
activity coordinator



Find out about our opportunities

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