

# ‘Green’ Support – Information for Volunteers

## Sessions at our dementia-friendly allotment in Brentry

**Location:** [Charlton Rd Allotments](#), Charlton Rd, Brentry, Bristol BS10 6JZ

### **Mondays 1:00 – 4:00**

- Weekly sessions facilitated by [Guy](#)
- Gardening or ‘green’ crafts sessions supporting participants living with dementia
- May include maintenance tasks

### **Tuesdays 1:00 – 4:00**

- Weekly sessions facilitated by [Guy](#)
- Gardening or ‘green’ crafts sessions supporting participants living with dementia
- May include maintenance tasks

### **Wednesdays 10:00 – 12:30**

- Fortnightly sessions facilitated by [Guy](#)
  - Intergenerational sessions, bringing children and older people together
  - Gardening or ‘green’ crafts sessions
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## Sessions at the extra care setting Blaise Weston Court

**Location:** [Blaise Weston Court](#), Broadlands Dr, Bristol BS11 0AF

### **Wednesdays 1:00 – 4:00**

- Weekly sessions facilitated by [Abi](#)
  - Blaise Weston Court is an extra care setting in Lawrence Weston
  - Volunteers assist the residents and Abi with gardening and ‘green’ crafts
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## Sessions at the Wellspring Settlement community garden

**Location:** [Settlement Barton Hill](#), 43 Ducie Rd, Barton Hill, Bristol BS5 0AX

**Thursdays 1:00 – 4:00**

- Weekly sessions facilitated by [Abi](#) and a Wellspring Settlement staff member
  - Volunteers assist with gardening and 'green' crafts at the community centre and the surrounding area
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## 'Growing Support' care home sessions

**Location:** at different care homes in Bristol and surroundings

- Ad hoc activity sessions
  - Facilitated by [David](#), [Abi](#) or [Guy](#)
  - Volunteers assist the residents and facilitator with gardening and 'green' crafts
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We may have other ad hoc volunteering opportunities available. Please email [volunteer@aliveactivities.org](mailto:volunteer@aliveactivities.org) for further information.

**Please note that in order to volunteer with us, you must be at least double-vaccinated against COVID-19.**