

Volunteer



Role Description

[Alive](#) is a Bristol-based charity dedicated to improving the quality of life of older people. We envision a world where older people live lives full of joy, meaning and connection. You can read more about what we do [here](#). Thank you for your interest in volunteering with us!

Role title	'Green' Support volunteer
Purpose of the role	Supporting participants of all ages and capacities to engage with gardening activities and each other during 'green' sessions at care homes
What you will be doing	<ul style="list-style-type: none">▪ Helping set up resources and materials for activities▪ Supporting participants socially and with activities during session▪ Passing on any queries or issues to coordinators▪ Helping pack away at end of session
Locations and times	Vary – at care settings in Bristol and beyond
Our expectations	<ul style="list-style-type: none">▪ You have a desire to support and engage with people with complex needs▪ You have good communication skills and let us know if you are unable to attend/be punctual▪ You are reliable▪ You adhere to the home's and Alive's COVID-19 policy▪ You have been given at least two doses of a COVID-19 vaccine

	<ul style="list-style-type: none"> ▪ You take part in our Introduction to Dementia training
What you could get out of it	<ul style="list-style-type: none"> ▪ The good feeling of making someone's day better ▪ Meeting other volunteers and connecting with like-minded people ▪ Learning/improving your gardening skills ▪ Learning more about dementia and other illnesses and disabilities ▪ Learning about 'green' care ▪ A reference or job experience
Contact details	<p>Contact our Volunteer Coordinator at: volunteer@aliveactivities.org 07519534577</p>

We have other opportunities available. Please reach out to volunteer@aliveactivities.org for more information.