



## **Sessional Facilitator**

### **Role description and person specification**

#### Role

Alive is seeking a new sessional Workshop Facilitator to create and facilitate Alive workshops in care settings and the local community in the Bristol, North Somerset, Bath and South Gloucestershire area. The last couple of years have been tremendously difficult on the care industry and impacted residents' opportunities to engage with activity sessions. The face-to-face sessions we provide and support to care home staff during this recovery time are often a fundamental part of their timetable. It is crucial therefore that our facilitators are reliable, punctual and flexible.

The role would suit someone who is passionate about improving quality of life to care home residents and is looking for flexible work in the middle of the day. We are looking to build our bank of facilitators so if you have the passion and the skills but a different commitment timetable, please do still apply.

#### Main duties and responsibilities:

- To create and facilitate Alive workshops in care settings. These include *Alive Clubs*, which may consist of Music, gentle movement, quizzes, poetry, *Guided Reminiscence*, and other types of session depending on experience eg.. art, dance and movement, museum sessions, multi-sensory work, one-to-ones with people who are very hard to reach). Some of these sessions may be inter-generational.
- To attend Alive supervision sessions, bi-monthly support meetings and skill-share meetings once a year.
- To attend appropriate Alive training and mentoring, especially in the first few months.
- To work as part of a team to ensure that clients are consistently happy with Alive sessions (including gathering feedback in person and using feedback forms).

#### Person specification

#### **Experience**

## Essential

- Experience of facilitating groups and /or performing.
- Experience of working with people with dementia or another vulnerable client group.

## Desirable

- Experience of working in community care, therapy, community arts or counselling.
- Experience of working in the voluntary sector.
- Experience of intergenerational work.

## Skills and knowledge

### Essential

- Inspirational communication skills.
- Excellent organisational and time management skills.
- Ability to develop and maintain strong client relations.
- Comfortable with using technology, including iPad software (eg. iTunes and apps), projectors and PA systems (full training will be provided but you must be adept at learning new systems).

### Desirable

- Musical ability.
- Creative, artistic.

## Personal attributes

### Essential

- The ability to captivate a group and be the energy in the room.
- Boundless enthusiasm, with ability to inspire and motivate others.
- Ability to connect easily with people, with sensitivity and empathy.
- Proactive approach and can-do attitude.
- Flexible and adaptable.
- Passionate about improving the lives of isolated older people.

## Other

### You **must**:

- live in the Bristol area.
- Be DBS Checked or prepared to file for one
- have your own car and a clean driving licence. There is a lot of equipment to carry and you will be delivering workshops over a wide area, so regrettably it is not feasible to fulfil this role by bike or public transport.
- be available to deliver 1-3 hour long sessions at least twice per week.

- Be aware that regular sessional work cannot always be guaranteed.

**PLEASE NOTE Due to current care home COVID safety guidelines, we are only able to employ people who have a COVID passport and proof of vaccinations.**

\*It's sometimes feasible to deliver two sessions in a day, one starting around 11am and the second starting at 2pm.

#### Terms and Conditions

Fees payable will be £22.50 per hour and each session will involve 1 hour planning (paid) plus 45p/mile travel expenses for any mileage over 10 miles in travelling to and from a session.

You must agree to the terms in the Sessional Workers Contract and comply with all organisational policies and procedures (eg. with regards to health and safety and safeguarding), as described in the Facilitator's Manual.

#### Training:

Full training will be provided in Alive's innovative techniques for engaging with older people and providing meaningful activities and reminiscence, including using touchscreen technology with older people. Training will also be given, where needed, in working with people with dementia and other vulnerable client groups.

#### Supervision:

You will receive ongoing support and supervision from our Services Manager.

Please see our website for more information: [www.aliveactivities.org](http://www.aliveactivities.org)