

Volunteer Role Description

Alive is a charity dedicated to improving the quality of life of people living with dementia and their carers. We envision a world where everyone can live a life full of joy, meaning and connection. Thank you for your interest in volunteering with us!

Role title	Dementia Meeting Centre Volunteer
Purpose of the role	<ul style="list-style-type: none"> ▪ To support meeting centre members with dementia and their carers to enjoy sessions ▪ To help develop a warm and friendly meeting centre community
What you will be doing	<ul style="list-style-type: none"> ▪ Welcoming members ▪ Helping staff set up and carry out activities ▪ Offering a friendly face and listening ear ▪ Making and serving refreshments ▪ Supporting people on trips and at events ▪ Giving people information about other services ▪ Helping clear away after sessions
Times and location	<p>Tuesdays, Wednesdays, Thursdays 9:30am – 12:30pm or 12:30pm – 3:30pm</p> <p>Sommerville Community Room Westbury Fields Retirement Village Cricket Lane Bristol BS10 6TW</p>
Our expectations	<ul style="list-style-type: none"> ▪ You feel comfortable being with older people, some of whom have mild to moderate dementia

	<ul style="list-style-type: none"> ▪ You are willing to learn about dementia ▪ You will attend Alive’s dementia training and other relevant training ▪ You will let the Meeting Centre Manager know beforehand if you are not able to attend the session ▪ You agree to an enhanced DBS check
<p>What you can get out of it</p>	<ul style="list-style-type: none"> ▪ Connecting with your local community ▪ Meeting new people ▪ Being involved with fun activities ▪ Learning more about supporting people with dementia and their carers ▪ A reference, if desired ▪ Work experience ▪ Paid travel expenses (up to £10/day)
<p>Contact details</p>	<p>volunteer@aliveactivities.org</p> <p>07519 534 577 (Volunteer Coordinator)</p>

We have other opportunities available. Please reach out to volunteer@aliveactivities.org or call 07519 534 577 for more information.