

Volunteer Role Description

Alive is a charity dedicated to improving the quality of life of people living with dementia and their carers. We envision a world where everyone can live a life full of joy, meaning and connection. Thank you for your interest in volunteering with us!

Role title	Dementia Meeting Centre Volunteer
Purpose of the role	<ul style="list-style-type: none"> ▪ To support meeting centre members with dementia and their carers to enjoy sessions ▪ To help develop a warm and friendly meeting centre community
What you will be doing	<ul style="list-style-type: none"> ▪ Welcoming members ▪ Helping staff set up and carry out activities ▪ Offering a friendly face and listening ear ▪ Making and serving refreshments ▪ Supporting people on trips and at events ▪ Giving people information about other services ▪ Helping clear away after sessions
Locations and times	<p><u>Clevedon</u> Tuesdays, 9:30am – 12:30pm or 12:30pm – 3:30pm Christchurch Chapel Hill Clevedon BS21 7LL</p> <p><u>Portishead</u> Wednesdays, either 9:30am – 12:30pm or 12:30pm – 3:30pm Jubilee Hall 49 Slade Rd</p>

	Portishead BS20 6BE <u>Nailsea</u> Thursdays, either 9:30am – 12:30pm or 12:30pm – 3:30pm Mizzymead Recreation Centre Mizzymead Rise Nailsea BS48 2JJ
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Our expectations	<ul style="list-style-type: none">▪ You feel comfortable being with older people, some of whom have mild to moderate dementia▪ You are willing to learn about dementia▪ You will attend Alive's dementia training and other relevant training▪ You will let the Meeting Centre Manager know beforehand if you are not able to attend the session▪ You agree to an enhanced DBS check
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What you can get out of it	<ul style="list-style-type: none">▪ Connecting with your local community▪ Meeting new people▪ Being involved with fun activities▪ Learning more about supporting people with dementia and their carers▪ A reference, if desired▪ Work experience▪ Paid travel expenses (up to £10/day)
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Contact details	volunteer@aliveactivities.org 07519 534 577 (Volunteer Coordinator)
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We have other opportunities available. Please reach out to volunteer@aliveactivities.org or call 07519 534 577 for more information.