



2025-26

Impact Report



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WELCOME FROM OUR CEO

2025–26 has been a year of two halves. We began facing significant financial uncertainty as funding became increasingly challenging, but ended the year with renewed confidence, having secured major grants, developed new partnerships and gained national recognition for our work. Throughout every challenge, we remained focused on our mission to improve the wellbeing of older people across Bristol and North Somerset, continuing to innovate while ensuring the people we support stayed at the heart of every decision.

Despite a difficult climate for charities, Alive continued to grow. Our community dementia support expanded with a new North Somerset group, our Meeting Centres and Memory Connections programmes continued to flourish, and our Elders Groups became an even stronger part of their local communities. Gardening remained the beating heart of Alive, with new hospital and GP surgery gardens demonstrating the power of nature to improve health and wellbeing. We also celebrated the launch of Hoppiness Brews CIC, transforming a care home gardening project into an innovative social enterprise.

This year also brought national awards, media recognition and exciting new opportunities, but our greatest achievement remains the difference made to the lives of the people we support every day. None of this would have been possible without the dedication of our staff, volunteers, partners and supporters. As we look ahead, we do so with optimism, stronger partnerships and a shared determination to help even more older people live lives filled with purpose, connection and joy.

bobee Jones.



“Throughout every challenge, we remained focused on our mission to improve the wellbeing of older people across Bristol and North Somerset.”

ABOUT US

Alive is a charity dedicated to enhancing the lives of older people.

OUR VISION

A world where older people live lives full of joy, meaning and connection.

OUR MISSION

To prioritise health and wellbeing into later life by:

- Engaging older people creatively through meaningful activity
- Training and supporting care staff to enrich the lives of older people
- Reducing older people's social isolation by connecting them to their local communities
- Speaking up for the rights of older people to those with the power to improve their lives

OUR VALUES

Collaborative

We work with older people and partners to deliver services that are needed and wanted. We make more of an impact when we work together for the good of others.

Committed

We deliver, we train, we connect, we influence. We are a group of people who never give up and are fully committed to improving the lives of older people.

Creative

We embrace creativity. We like to try and test new approaches, new partnerships, new ways of working and we aren't frightened of taking risks and possibly making mistakes.

Community-Focused

We fully understand the value and importance of being part of a community and work hard to connect older people to their communities – wherever that may be. We value our own community and place high importance on creating an inclusive and supportive community amongst our staff, volunteers and colleagues.

Compassionate

We love what we do and who we work with. We are passionate about improving the quality of life of older people in whatever way we can. We value our colleagues and strive to create a positive, engaging, inclusive and supportive work culture in which we can all grow.

HOW WE IMPROVE OLDER PEOPLE'S LIVES

Engaging older people creatively through meaningful activity

We provide a wide range of high quality, person-centred activity sessions in a range of care settings and in the community, which combat loneliness, anxiety, and depression, and strengthen older people's personal identities by connecting with their individual life stories, memories and interests.



Training and supporting carers to enrich the lives of older people

We use our specialist knowledge and experience to train social care staff and carers, which builds their capacity and confidence to develop more meaningful activities and relationships with the older people they care for.



Reducing older people's social isolation by connecting them to their local communities

We help develop sustainable relationships between older people and their local communities, to reduce social isolation and provide opportunities for meaningful engagement.



Speaking up for the rights of older people to those with the power to improve their lives

We advocate and campaign for improved quality of life for older people, working with partners in the voluntary, public, private, and academic sectors to raise awareness and change attitudes and behaviour.



We measure the effectiveness of our work using an evaluation framework which has been developed with Willis Newson consultancy and the University of the West Of England, and utilises several tools, including Arts Observational Scale surveys and in-depth interviews. We also use interviews and benchmarking with our participants and members to evidence our impact.

We measure progress on the following outcomes:

- Improving older people's mental health and emotional wellbeing
- Building capacity of carers and care staff to deliver meaningful activity
- Fostering improved relationships between carers and those they care for
- Shifting the culture towards person-centred care in care settings and in the community



WHY OUR WORK MATTERS

We are living longer than ever before: as of 2026, around 22.5 million older people (aged 55+) live in the UK – that's about one third of the total population¹. With an ageing population comes an increasing need to support people to remain healthy, connected and living well into older age.

It is estimated that currently, at least two million people aged over 50 feel lonely often.² Loneliness is linked to poorer physical and mental health, making opportunities for meaningful social connection more important than ever.³ It is also associated with an increased risk of dementia.⁴

In the UK, around 1 million people are currently living with dementia, a figure that's estimated to rise to 1.4 million by 2040⁵. This makes dementia, and dementia care, one of the greatest health and social care challenges of our time. Yet a diagnosis should never mean the end of a life filled with purpose and connection, and improving or maintaining quality of life and wellbeing of those affected should be paramount.

At Alive, we have made it our mission to prioritise health and wellbeing into later life. We know that meaningful activity is fundamental to this. That is why we create and deliver our community services and projects, from therapeutic gardening and intergenerational crafting to communal beer brewing and playful exercise, and why we continue to work with care homes to provide meaningful engagement for their residents. In these ways, we create opportunities for older people to stay connected, continue contributing and live lives filled with purpose, belonging and joy.

¹ Jicpops.co.uk. (2026). JICPOPS. [online] Available at: <https://www.jicpops.co.uk/current-estimates.php> [Accessed 21 Aug. 2026].

² AGE UK (2024). You are not alone in feeling lonely: Loneliness in later life. [online] Available at: <https://www.ageuk.org.uk/siteassets/documents/reports-and-publications/reports-and-briefings/loneliness/you-are-not-alone-in-feeling-lonely.pdf> [Accessed 21 Aug. 2026].

³ V. Gasull-Molinera, Khan, K.S., M. Núñez Núñez and M. Kouiti (2024). The impact of loneliness on mental and physical health outcomes: An umbrella review. *Medicina de Familia SEMERGEN*, 50(6), pp.102261–102261. doi:10.1016/j.semerg.2024.102261.

⁴ Luchetti, M., Aschwanden, D., Sesker, A.A., Zhu, X., O'Súilleabháin, P.S., Stephan, Y., Terracciano, A. and Sutin, A.R. (2024). A meta-analysis of loneliness and risk of dementia using longitudinal data from >600,000 individuals. *Nature Mental Health*. doi:10.1038/s44220-024-00328-9.

⁵ Alzheimer's Research UK (2024). Prevalence and Incidence. [online] Dementia Statistics Hub. Available at: <https://dementiastatistics.org/about-dementia/prevalence-and-incidence/> [Accessed 21 Aug. 2026].



OUR REACH IN 2025-26

4,692 care home attendances, bringing meaningful engagement, creativity and connection to older people.

7,000+ cans of Hoppiness beer sold, raising awareness of dementia nationwide.

25 people supported through Memory Connections.

94 people engaged through our Share & Repair partnership.

280+ people involved in The Hoppiness Project, growing, harvesting and brewing beer together.

150 older people attending our Elders Groups.

6,385 older people supported through our activity sessions, projects and community services.

301 hospital patients benefited from gardening sessions.

54 people living with dementia and carers supported through our Dementia Meeting Centres.

95 regular volunteers giving their time, skills and enthusiasm to support older people.

28 people living with dementia and carers supported through our new North Somerset community groups.

3 million+ people reached through television, radio, newspapers and online media.

120 care staff trained, helping deliver more confident, compassionate and person-centred dementia care.

13 training days delivered, including specialist Empathy Suit experiences.

4 Occupational Therapy student placements, helping develop the next generation of dementia professionals.

391 activity sessions delivered across 45 care homes.

PS: We also made countless cups of tea and used bags and bags of compost...

ADVOCACY AND INFLUENCE

Our impact reaches far beyond the people who attend our services. We are passionate advocates for older people and those living with dementia, working to create a society where everyone's needs are heard.

We influence change by:

- **Working alongside organisations with the power to shape policy and practice.**
- **Sharing learning through local, regional and national conferences.**
- **Demonstrating what great person-centred care looks like through our own innovative programmes, partnerships and training.**

During the past year, Alive shared expertise at a wide range of national and regional events, including the UK Dementia Congress, Creative Dementia Conference, UK Dementia & Palliative Care Conference, University of Gloucestershire's Sound, Nature & Wellbeing in Ageing Conference, Care & Support West, Alzheimer's Research South West, Bristol Food Network, and the British Society of Gerontology Annual Conference. Through these events we have inspired professionals, shared practical learning and championed more creative, relationship-centred approaches to care.

Closer to home, we continue to help shape dementia services across Bristol, North Somerset and South Gloucestershire through our role as Co-Chair of the Dementia Health Integration Team (HIT). Alive also sits on the HIT Advisory Board, helping develop the region's new dementia strategy and ensuring the voices of people living with dementia and their carers remain central to future services. Alongside the Bristol Dementia Action Alliance and BRACE, we continue to strengthen the Bristol Dementia Charities Network. Together we delivered another successful Let's Talk Dementia event, bringing together professionals, people living with dementia, carers and the wider community.



At 'Let's Talk Dementia'



Our 'Lullaby Circle' featuring on ITV's 'This Morning'

Our work has also received significant national recognition. Our Dementia Meeting Centres won the Living Well with Dementia: Co-Production & Partnership Award at the Dementia Care Awards, while our BRI Hospital Garden (Sanctuary Square) received 'Highly Commended' in the Dementia Care Team category. Alive was named Number One Charity of the Year for Older People at the E2 Media Awards, and our Brenty Allotment achieved the highest accolade in the RHS 'It's Your Neighbourhood' Awards.



Our projects have continued to receive widespread local and national media coverage. Our Lullaby Circle featured on ITV's This Morning, while The Hoppiness Project was showcased on ITV National News, BBC Radio Bristol and across regional and national press. Every interview, article and presentation helps challenge outdated perceptions of ageing and dementia, encouraging more people to see the possibilities rather than the diagnosis.



OUR TRAINING

Great dementia care starts with confident, compassionate people. Through practical, engaging and evidence-based training, Alive equips care professionals, organisations and businesses with the knowledge, skills and confidence to deliver truly person-centred support.

IN 2025-26...

- We supported 120 care home staff through training and coaching, increasing their confidence, knowledge and ability to provide outstanding person-centred care.
- We delivered 13 specialist training days, including five Empathy Suit experiences, giving participants a powerful insight into the everyday challenges people living with dementia may face and inspiring more compassionate, responsive care.
- We launched our Corporate Dementia Lunch & Learn programme, delivering three sessions to more than 320 employees and helping workplaces better understand dementia, support colleagues and customers, and become more dementia inclusive.
- We achieved 100% of interviewed participants saying they would recommend Alive's training to a colleague, reflecting the quality, relevance and impact of our courses. Participants consistently reported significant improvements in their knowledge, skills, confidence and motivation after attending Alive's training.



“Made me more considerate and empathetic”

“The Empathy Suit demonstration was enlightening”

“An eye-opener”

CARE HOME ACTIVITY SESSIONS

Engaging in meaningful activity helps care home residents to maintain their identity, express themselves, and continue doing things that bring purpose, enjoyment and connection. Alive sessions are designed around the individual, creating moments of joy while supporting emotional, physical and mental wellbeing.

During 2025–26, we delivered 391 activity sessions across 45 care homes, supporting 4,692 attendances through a diverse programme of creative and therapeutic activities.

Sessions included guided reminiscence, music, poetry, local history, gentle movement and dance, arts and crafts, digital storytelling, therapeutic gardening and our much-loved intergenerational Lullaby Circle sessions. This year we also expanded our programme with exciting new activities, including Afro-Cuban drumming, Sensory Circus and dedicated Men's Clubs, ensuring we continue to offer fresh, engaging experiences that reflect the interests and personalities of the people we support.



**“It’s nice to be
together and
do this.”**



Having the babies visit is the highlight of my month. I only come out of my room for this.

THERAPEUTIC GARDENING

DEMENTIA-FRIENDLY ALLOTMENTS

Our two dementia-friendly allotments in Bristol continued to provide supported gardening sessions this year, helping older people improve their wellbeing and build friendships while growing their own fruit, vegetables and flowers. Our North Bristol allotment supported 730 people, including 271 people living with dementia and 284 carers, while our South Bristol allotment benefited a further 21 older people.

COMMUNITY GARDENING GROUPS

We continued to run our community gardening groups in partnership with the Wellspring Settlement, supporting 30 people from across the Barton Hill community, and at the Lawrence Hill Health Centre, enabling 30 participants from the GP surgery to benefit from a connection with nature. We also celebrated the opening of a new group at Charlotte Keel Medical Practice, welcoming a further 9 participants this year.

HOSPITAL GARDENING GROUPS

We were thrilled to continue working with the Dementia Ward at Bristol Royal Infirmary (BRI), providing weekly nature-based activity sessions for 148 patients. Our Rainbow Garden at Weston General Hospital also flourished this year, supporting 153 patients to experience the therapeutic benefits of gardening.





I love it here. It's so open and
makes me feel at peace and
relaxed.



DEMENTIA MEETING CENTRES

Our Dementia Meeting Centres in Bristol, Nailsea and Portishead continued to provide a lifeline for people living with dementia and those who care for them.

During the year, we supported 54 members and their carers, offering personalised support in a welcoming community where everyone is valued.

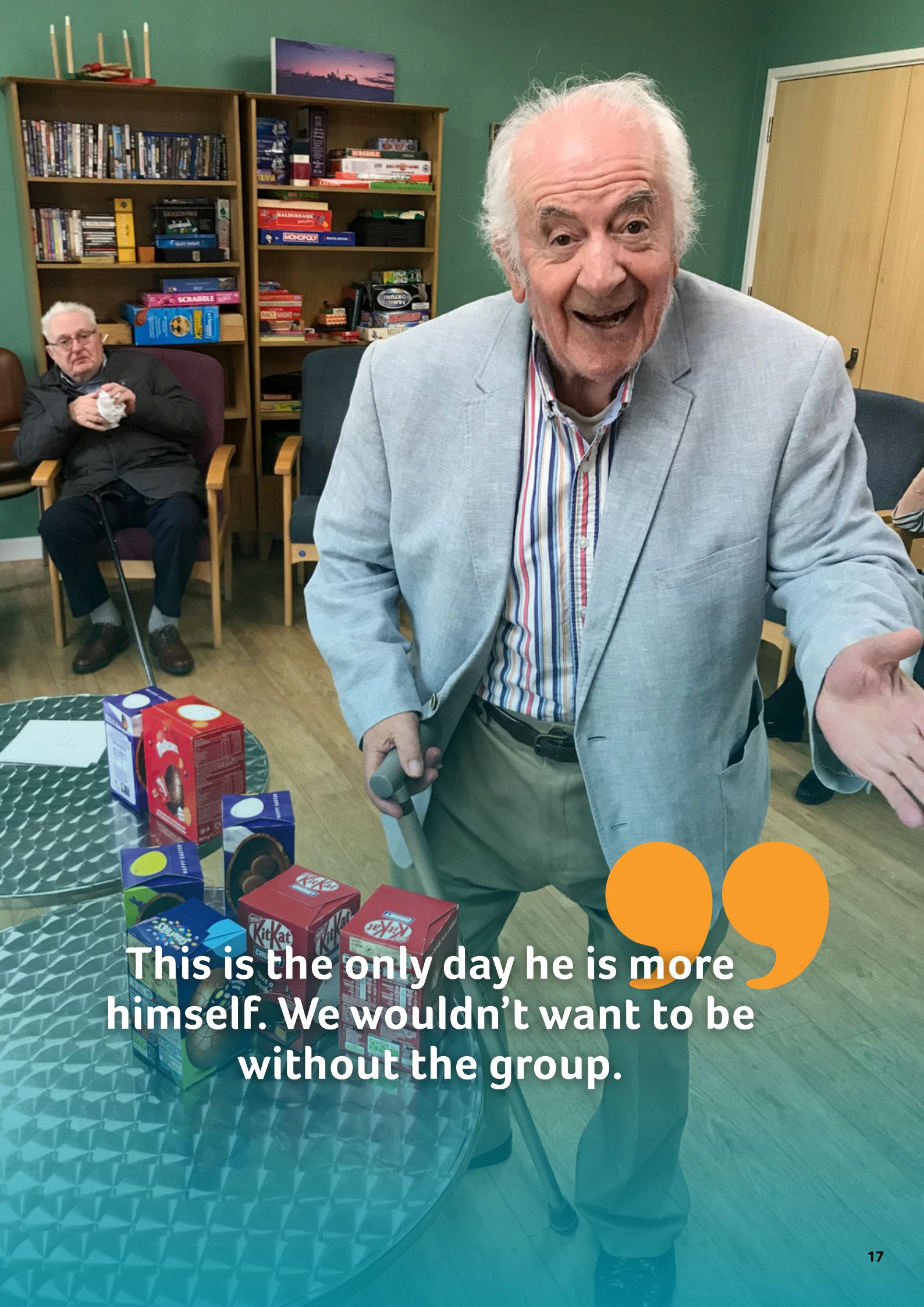
“I love coming here and I look forward to it every week.”

“You're a lifeline for us – you really help us through the week.”

“M. lights up when he walks into the room.”

Every session is co-produced with members and filled with laughter, friendship and meaningful activity. From concerts, school visits and day trips, to games, creative activities and plenty of banter, Meeting Centres help people maintain confidence, reduce isolation and continue living well with dementia. Just as importantly, they provide reassurance, advice and vital respite for carers, helping families stay together for longer.





This is the only day he is more himself. We wouldn't want to be without the group.

INTERGENERATIONAL LINKING

At Alive, we believe everyone has something to learn from one another: our intergenerational work creates meaningful opportunities for older and younger people to connect and create together.

Our STANd project is now in its second year, supported by the National Lottery Community Fund. During 2025–26, the project brought together 231 older people and adults with 376 children and young people, developing innovative ways for generations to connect. Highlights included partnering with a local filmmaker to create our [‘Bridging the Gap’ YouTube series](#), capturing authentic glimpses of life in schools and care homes, and collaborating with local artists on [‘A Calling’, an interactive art installation at Weston Museum](#). Through stories, creativity and conversation, the exhibition enabled an estimated 500 visitors to experience the voices and experiences of local people across the generations.

Our incredibly moving [‘Letters to My Younger Self’](#) project brought together older and younger LGBT+ people, exchanging experiences, stories and advice through letters and other creative means, such as poetry, drawing and music playlists.



Thanks to the continued support of Bristol & Weston Hospitals Charity, we were also delighted to continue our free monthly [Toddlers That Came to Tea sessions at the Bristol Royal Infirmary](#). These joyful tea parties brought together 40 toddlers and 49 older hospital patients, creating moments of laughter, comfort and connection during what can often be a difficult time. These simple but powerful encounters remind us that age is no barrier to friendship, and that the smallest interactions can have the greatest impact.



STANd
STRENGTH TOGETHER AGE NETWORK DEVELOPMENT





I love hearing the children's
voices.



THE HOPPINESS PROJECT

In 2025–26, our incredibly successful Hoppiness Project expanded into eight care homes, supporting 80 residents to plant, grow and harvest their own hops. We partnered with St Monica Trust to engage more than 200 residents in creating their own commemorative beer, Hundred Not Out, celebrating the Trust's centenary year. Every stage of the project, from planting to brewing, provided opportunities for reminiscence and taking pride in creating something extraordinary together.

This year marked an exciting new chapter as we launched Hoppiness Brews CIC, ensuring the project can continue to grow and reach even more communities. In partnership with the award-winning brewery Wiper and True, we proudly brewed and launched our first ever commercial beer, attracting widespread attention across regional and national media, including ITV, alongside extensive newspaper, radio and online coverage. The project was showcased at the National Dementia Congress, where we were delighted to present a can to Andy Burnham, helping spread the message that people living with dementia can continue to create, contribute and inspire. To top it all off, the project received national recognition by winning two awards: the Prince of Wales Award for Partnership, and for Dementia Care at the Dementia Care Awards—a fitting celebration of what can be achieved when communities, businesses and older people work together.





As the hops has grown, so has
the joy!

COMMUNITY SUPPORT

MEMORY CONNECTIONS

Following the successful transfer of Memory Connections from Age UK Bristol in March 2025, Alive is proud to continue the legacy of this much-loved service. Our weekly groups in Henleaze and Westbury-on-Trym support people living with mild to moderate memory loss using Maintenance Cognitive Stimulation Therapy (MCST), an evidence-based approach designed to maintain cognitive function. This year, 25 people benefited from these sessions.

BRISTOL ELDERS GROUP

Our BME Health & Wellbeing Project continues to support three thriving elders' groups across Bristol: Malcolm X Elders, The Golden Agers and The Evergreens. Together these groups supported around 150 older people this year, predominantly from Bristol's African-Caribbean community. In these groups, people celebrate culture and find friendship and support from others who understand their experiences. Through regular activities, guest speakers, health information and community events, members continue to shape and strengthen their own communities.

SHARE & REPAIR

Our Share & Repair project continues to demonstrate that older people are not simply recipients of support—they are skilled, knowledgeable and active contributors to their communities. Through practical workshops and skill-sharing sessions covering everything from gardening and sewing to cooking and DIY, the project helped older people build confidence, share their expertise and make new connections. During the year, 94 people took part, with 49 older people attending regularly and creating 290 meaningful connections through shared activities.

NORTH SOMERSET DEMENTIA & CARERS SUPPORT

This year marked an exciting expansion of Alive's community services with the launch of our North Somerset Dementia Support Group in Winscombe and a dedicated Carers Wellbeing Group. Together, these groups supported 28 people living with dementia and their carers, providing practical advice, meaningful activities and peer support. For many families, simply knowing they are not alone has made an enormous difference.

COMMUNITY SNAPSHOTS



CASE STUDIES

BRENTY ALLOTMENT

Charlie and Maureen started attending our dementia-friendly allotment in Brenty in spring 2024. Charlie has advanced dementia, but is happiest outdoors and on the move.

Initially, Charlie preferred to stay with Maureen, but as he became familiar with the space and people, we began pairing him with a volunteer, giving Maureen valuable time for herself. She can chat with other carers, hear about other services and relax knowing Charlie is happy doing what he loves: being outside.

Maureen says Bentry is the best of all the services they attend “because it’s safe and secure and I know Charlie won’t come to any harm, which isn’t the case anywhere else we go where I always feel I need to be by Charlie’s side”. Over the last year, Charlie has formed an incredible bond with volunteer Chris. His beaming smile gets even bigger when he sees Chris. Together, they take it slow, walking around the allotment, engaging their senses and harvesting vegetables.

Charlie used to be an engineer and often talks softly about things he’s done. It can be difficult to understand him, but Chris is incredibly patient and is often rewarded with a lucid sentence about where they are or what they’re doing. Sharing these moments with Maureen always puts a massive smile on her face, as it’s so rare for Charlie to be “in the present”.

Maureen has also become a regular at our monthly carers’ sessions, showing how important they have become to her.



John's looming workshop



Charlie and Maureen at Brently allotment

CASE STUDIES

SHARE & REPAIR

For John, the Share & Repair project has provided the opportunity to turn a long-held ambition into reality: 'The funding enabled me to start doing something I have wanted to do for a while. I wanted to pass on my skills and give people in the community something to do. They might have skills they want to pass on too.' John shared his love of using a loom to knit scarves and blankets with 10 people at a Share & Repair Session in 2025.

Since then, the group has been meeting over 16 weeks, welcoming an average of 6 participants each week. The sessions have become so valued that the venue is opening its café during the summer holidays specifically so the group can continue meeting. The project has had a significant impact on John's own wellbeing and confidence. 'It has given me more confidence, teaching people. I've been feeling good about myself.'

The group has also created meaningful friendships and helped reduce isolation for everyone involved, including John: 'It gets me out of the house every week. I have made six new friends. We have a laugh while we're doing it – sometimes we don't get much looming done!'. John's looming workshop has enabled connection in ways some attendees didn't think possible: 'Two of the ladies who come every week said they wouldn't ever normally sit at another table with a man' John said, 'but they feel comfortable sitting with me, having a laugh and a joke'.

The project has also led to new partnerships, including connecting with another local community worker who is helping John source affordable materials. These relationships are helping ensure the group can continue to grow and remain sustainable, demonstrating how a relatively small investment can create lasting community connections, increase confidence and reduce isolation for both participants and those leading activities.

OUR VOLUNTEERS

During 2025–26, 95 regular volunteers generously gave their time across our various sessions. Their support was wide ranging – from assisting participants to take part in activities, to lending an ear over a cuppa, to supporting our awareness and fundraising events.

“I love it! And I certainly benefit as much from volunteering as I hope I can give.”

We were also delighted to support four Occupational Therapy students on clinical placement, helping the next generation of healthcare professionals develop the skills, confidence and compassion needed to support older people.

“[A favourite volunteering memory is] welcoming a person to the allotment who appeared anxious and unsure about coming and then seeing them gradually getting involved and appearing more relaxed and smiling by the end of the session.”

To every volunteer who has chosen to spend their time with Alive this year: thank you. Your compassion, enthusiasm and commitment help bring meaningful engagement to thousands of older people every year. We couldn't do what we do without you!



OUR FUNDERS

We are so grateful to all our funders and supporters who made our work possible over the last year. Their support has enabled more older people to experience meaningful activity in care homes and the community. Thank you.

Anchor Society

Audley Redwood Retirement Village

Basil Brown Charitable Trust

bClear Charity Fund

Borrows Charitable Trust

Bristol and Weston Hospitals Charity

Bristol Care Homes

Bristol County Council

Bristol Masonic Charity

Denman Charitable Trust

Domino Recording Company

Douglas Arter Foundation

D'Oyly Carte Charitable Trust

Finnis Scott Foundation

Garfield Weston Foundation

Giles Woodward

Grateful Society

Harapan Trust

Headfirst Bristol

Hoddell Charitable Trust

Jack Lane Charitable Trust

John & Susan Bowers Fund

John James Bristol Foundation

National Lottery Community Fund

North Somerset Council

Pink Elephant Club

Quartet Community Foundation

Rotary Club of Bristol

Sir Jules Thorn Charitable Trust

Sobell Foundation

Souter Charitable Trust

South Gloucestershire Council

St Mary's Church

St Monica Trust

Staple Hill Lodge of Freemasons

The Finnis Scott Foundation

The Fitton Trust

The Power of Music Fund

William and Sarah Newsom

Charitable Trust

William Hancock Trust Fund

Womble Bond Dickinson

OUR PARTNERS AND

CORPORATE VOLUNTEERS

We firmly believe in partnership. We all work better together, sharing ideas and supporting each other to make a positive difference in our communities. Thank you to all our partners for enabling us to do what we do in so many different ways, and to our corporate volunteers for their hands-on support with our community gardening services.

OUR PARTNERS

Action Funder | Age UK Bristol | AGE UK South Glos | Alzheimer's Society | BBC Radio Bristol | BBC Points West | Sanctuary Care | Black South West Network | BRACE | Bristol Beacon | Bristol Care Homes | Bristol Dementia Action Alliance | Bristol Dementia Wellbeing Service | Bristol Health Partners | Brunel Care | Care and Support South West | Chinese Community Wellbeing Society | Circomedia | Create Centre | Creative Connex CIC | DAC Beachcroft | Dhek Bhal | Duchy of Cornwall | Front Room Weston Super Mare | Hargreaves Lansdown | Homeinstead Bristol North | ITV | National Activity Providers Association | Natwest | North Somerset Council | North Somerset LGBTQ+ Forum | Ocean Homes | Ping Identity | Portishead Pilot Gig Rowing Club | Portishead Town Football Club | Riverside Garden Centre | Royal Bath and West Society | St Monica Trust | Superculture | Team Canteen | Truffle Shuffle | University of Bristol | UWE | VANS | VOSCUR | Wards Solicitors | Watershed | Womble Bond Dickinson

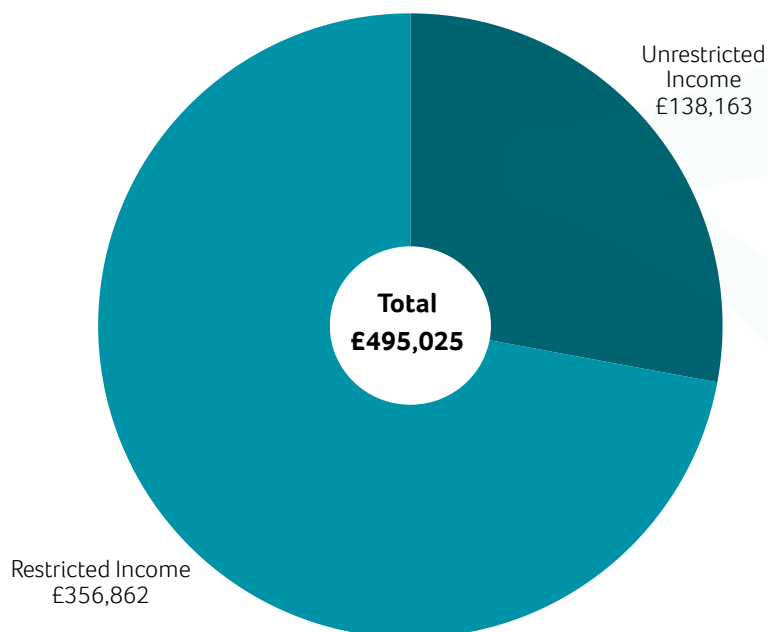
OUR CORPORATE VOLUNTEERS

Corrigans | DAC Beachcroft | Encirc | Ernst and Young | Standard Life | Truffle Shuffle | Wards Solicitors | Womble Bond Dickinson

FINANCIALS

INCOME

In 2025–26, Alive generated £495,025 in income:



EXPENDITURE

We spent £573,101 delivering our work, with an average monthly expenditure of £47,800. We made a total deficit of £78,076.

FREE RESERVES

Free reserves on 31 March 2026 amounted to £89,485, which represents 5.6 months of unrestricted expenditure and is within current policy requirements.

CLOSING BALANCE SHEETS

Adding balances brought forward of £452,223, the closing balance sheet total amounted to £374,147.

WHAT'S NEXT FOR ALIVE?

We plan to reach and support at least 6700 older people in 2026-27. We plan on doing this by:

- Delivering 420 meaningful activity sessions in a wide range of care settings, benefitting up to 5040 older people.
- Continuing to run our Dementia Meeting Centres in Bristol and North Somerset, providing a community-based group offering support, friendship and engagement for 62 older people living with dementia and their carers.
- Growing our Memory Connections and dementia support services in Bristol and North Somerset, increasing our number of groups in underserved areas.
- Delivering training courses for care staff, supporting at least 150 staff members to enhance their care and improve the wellbeing of their residents.
- Delivering training and courses for businesses benefitting over 300 people.
- Connecting at least 1410 older people to their local communities through our community engagement projects (Share & Repair, STANd and community gardening groups).
- Continuing to support 160 older people through our Bristol Elders group.



BE PART OF OUR FUTURE

If you want to support Alive's mission to prioritise wellbeing into later life, you can join and support our work in several ways.

VOLUNTEERING

Join our team of wonderful volunteers and make a positive difference in the lives of older people. We have various roles available to suit your schedule and interests. Please get in touch at volunteer@aliveactivities.org for more info and to apply.

CORPORATE SUPPORT

We offer corporate volunteer engagement days at a range of venues across Bristol – a meaningful way for businesses to give back to their community while also investing in their own team. Please contact info@aliveactivities.org for more info.

FUNDRAISING

There are lots of fun ways you can raise money for Alive and support older people in your community. Email us on fundraising@aliveactivities.org to find out more, we would love to hear from you.

DONATE

If you like what we do and want to help us keep our vital services going, please consider donating. You can donate by scanning the QR code on the right or following the link here: aliveactivities.org/donate



Find out more: aliveactivities.org

Sign up for our newsletter here: aliveactivities.org/subscribe



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